



Swim School Parent Guide



This document will provide you with information regarding our swimming lessons we run at Montsaye Sports Centre.

Why Montsaye?

We operate our swimming lessons using the Swim England “Learn to Swim” programme, which is England’s most widely used syllabus for children’s swimming lessons.



We keep our swimming group sizes lower than other providers, to ensure swimmers receive more focused attention and encourage better progress in the water.

For Stage 1/2 swimmers, our classes have a swimming assistant in the water to provide constant support and make the overall experience as comfortable as possible.



We also provide fantastic value for money in comparison to other local swimming providers.

Back floats are provided from Stage 1 to 3 of our swimming scheme. This provides a more comfortable experience for brand new swimmers.



“Learn to Swim”

At Montsaye, we operate our swimming lessons using Stages 1 to 7 of Swim England’s Learn to Swim programme.

This criteria is designed to introduce basic aspects of swimming, such as buoyancy, propulsion and positioning, and continuously develop all aspects of their strokes and skills through grouped lessons and activities.

The reward for each child for completing each stage is a badge and certificate and the chance to progress to the next stage of the scheme, where they will continue to learn new skills, improve current ones and build their confidence in the water.



Following the

**Swim
England**

Learn to Swim
Programme

What to bring for swimming lessons?

For every swimming lesson, your child must bring appropriate swimwear (lycra shorts, trunks, one piece costumes - NO bikinis or tankinis), towel, goggles (optional) and a stage-appropriate swimming hat (these can be collected at the reception desk - replacement hats can be bought for £2.50). We recommend you bring your child swim ready to the centre.

Children must NOT wear clothes over their swimwear (unless specified for Stage 6 swimming lessons). Goggles covering the nose are not permitted. Jewellery is also NOT permitted in the pool.



Lesson payments

Parents can fund swimming lessons by either setting up a direct debit, or pay for blocks of 10 swimming lessons.

The direct debit is a rolling monthly payment with no end date. It costs **£29.83 per month, which is calculated over 50 weeks. Terms and conditions apply.**

You can also pay for a block of 10 swimming lessons for **£70. This will give your child 10 weeks' worth of lessons and they will need to be continually topped up throughout the duration of your child swimming with us. Top ups can be made at the Sports Centre reception desk or via the HomePortal app.**

For new starters, you can pay for up to 3 trial lessons for **£21 (£7 per lesson). You can use these lessons to see how everything works and see if our lessons work well for you and your child.**



Behaviour and conduct

Our teachers reserve the right to remove any child from their swimming lessons, if they are seen to be disruptive or putting themselves and other swimmers at risk. Refunds will not be issued in instances like this.



Parents must stay in the viewing area and shouldn't enter poolside through the fire exit. If there are any issues or information you'd like to pass onto the teacher, please speak to someone at the reception desk.



Photography and filming is PROHIBITED in the Sports Centre at all times.

Parents and guardians MUST REMAIN on site while lessons happen. This is in case of an evacuation or a medical emergency.

Adults accompanying children are permitted to take under 8s into an "opposite sex" changing room. Children over the age of 8 are required to change in same sex changing rooms.

Other information

Medical info/additional needs

If your child has any medical conditions or additional needs, please notify a member of staff before their first lesson with us. We have a section on our online enquiry form for you to declare any conditions your child may have. That way, the teacher of the class can modify the lesson to suit your child's needs and make the experience more comfortable.



Refunds

We do not offer refunds or credits for missed lessons. Where long-term injury/illness prevents your child from attending, we encourage you to remove them from the class during that period. We will endeavour to re-enrol them to their previous class when they resume (subject to availability). Credits may be transferred to a sibling or redeemed against public swimming, if your child chooses to stop swimming with us.